

Bluegrass Care and Rehabilitation
3576 Pimlico Parkway
Lexington, Ky 40517

Postage
Information

JANUARY 2016

Bluegrass News

Bluegrass Care & Rehabilitation * 3576 Pimlico Parkway * 859-272-0608

Your Mailing Address
Street Number and Name
City, State ZIP Code



Happy New Year!



Special Days

New Year's Day
January 1

National Bird Day
January 5

Epiphany
January 6

Martin Luther King Day
January 18

**Memorial Service at
Bluegrass**
January 20

National Pie Day
January 23

National Puzzle Day
January 29

Bluegrass Care and Rehabilitation Administrative Staff

Administrator...Joni Gosser
South Unit Manager... Lawrence Maynard
North Unit Manager...Lisa Kelley
3-11 Nursing Supervisor...Jeremy Mann
11-7 Nursing Supervisor...Sandy Kennedy
Weekend Supervisor... Kitty Litteral
Staff Development... Edwina Crouch

Human Resource Director...Lesley Crossfield

Admissions... Maxine Speaks
Dietary Director... Cindi Burton
Plant Ops Director... Kevin Isom
Quality of Life Director...Autumn Mitchuson
Social Service Director... Michele Jackson
Business Office Director... Felicia Zabriskie
Environmental Services....Duane Hathway
Therapy Director...Lauren Cosentino
Chaplain... Donna Rougeux



Ethel Graves 1/11

Masako Charlton 1/13

Octavene Turner 1/19

Deborah Israel 1/28

Carmelle Wingate 1/06

As we begin this new year we would like to offer thanks to God and to each person in our community and facility who helped us in 2015 with the care we give to our residents and families. The beginning of a new year can be a time to make resolutions or goals. We would like to share with you some of the resolutions that our staff and residents have for 2016.

Yvonne Gill- Pass the G.E.D.
Chassidy Runyan- start nursing school
Doris Young- To be happier this year
Eva Glass- "I hope this year is better for people and myself than last year."
Michael Morton- to get better and go home
Deltoria Coney- To be with my family
Edith Ogle- "I love my co-workers. I am thankful for my job. I am praying for a miracle."
Kevin Isom- MORE OF THE SAME
Duane Hathaway- Make it to the gym 2-4 times a week and lose 10 pounds
Michelle Jackson- stronger prayer life
LM- Return to my art career
Donna Rougeux- yoga every day
Maxine Speaks- lose weight (already lost 15 pounds!)
Tammy Mosley-Get more people involved in the spiritual life at Bluegrass
Jay Burks- walk better and become more independent
Brandi Barnes- eat healthier
Rick ODonnell- Get stronger

"All the possibilities of your human destiny are asleep in your soul. You are here to realize and honor these possibilities." ~John O'Donohue

Christmas At Bluegrass



Christmas Program
"Twas the Night Of Christ's Birth"



Joy of Giving Store



Jessica, Lesley, Brandi, Autumn and Bashea with Santa Claus



Harry and Peggy Moler



Joy Lyle with Santa Claus



Ethel Black



Russell Smith



Sunnie Penman



Brandi and Travis

For All Writers Three writing prompts to celebrate MLK Day

1. If Martin Luther King Jr. were alive today, what do you think he would say? How would his speech be the same and how would it be different?
2. Write a letter to the editor of your local newspaper. In your letter, identify one problem in your local community. Explain why the problem is significant and outline steps people can take to correct it.
3. Make a list of 10 things you can do to make the world a better place.

In Loving Memory



Benda Reece
B. 5-6-1922
D. 12-15-2015

Charlie Willett
B. 1-10-1934
D. 12-23-2015

Debbie Winchell
B. 12-24-1954
D. 12-23-2015

Harry Moler
B. 10-10-1928
D. 12-31-2015

A memorial service at Bluegrass for these special people will take place on January 20, 2016 at 10:30 a.m.

Thank You For Helping Us
Celebrate Christmas!



Polly Wiltshire ~ The Angel Tree

Susan McCray~ Gifts

St. Elizabeth Ann Seaton

The Joy of Giving

Salvation Army

Your generosity is greatly
appreciated!

Excerpt from
New Beginnings
By John O'Donohue

*In out-of-the-way places of the heart,
Where your thoughts never think to
wander,
This beginning has been quietly
forming,
Waiting until you were ready to
emerge.*

