

Bluegrass Care and
Rehabilitation
3576 Pimlico Parkway
Lexington, KY 40517

Postage
Information

MARCH 2016

Bluegrass News

Bluegrass Care & Rehabilitation * 3576 Pimlico Parkway * 859-272-0608

Your Mailing Address
Street Number and Name
City, State ZIP Code



**Valentine's Day at Bluegrass
We love Cindi, Kevin and Cassie!**

March Special Days

**Daylight Saving Time
Begins**
March 13

**Memorial Service at
Bluegrass**
March 14

March Madness Begins
March 15

St. Patrick's Day
March 17

First Day of Spring
March 20

Palm Sunday
March 20

Easter Sunday
March 27



Bluegrass Care and Rehabilitation Administrative Staff

Administrator...Joni Gosser
South Unit Manager... Sandy Kennedy
North Unit Manager...Lisa Kelley
3-11 Nursing Supervisor...Jeremy Mann
Weekend Supervisor... Misty Dyer
Staff Development... Edwina Crouch
Human Resource Director...Lesley Crossfield
Admissions... Maxine Speaks
Dietary Director... Cindi Burton
Plant Ops Director... Kevin Isom
Quality of Life Director...Autumn Mitchuson
Social Service Director... Michele Jackson
Business Office Director... Felicia Zabriskie
Environmental Services....Duane Hathway
Therapy Director...Lauren Cosentino
Chaplain... Donna Rougeux



William Coffey 3/11
Jeannette Little 3/13
Michael Morton 3/13
James Kidwell 3/19
Sheila Phelan 3/22
Jasper Combs 3/23
Eleanor Wise 3/23
Edgar Blakeman 3/28
Janet Reagan 3/28
Wanda Keith 3/29
Margaret Moler 3/31



Kevin and Cindi



Cindi and Cassie

Mardi Gras Celebration



We will have a memorial service on March 14 at 11:00 a.m. to celebrate the lives of these special people who passed away:

Ruth Corwin B. 5-23-1944 D.1-21-2016

Horatio Minter B. 8-7-1936 D. 1-14-2016

Patsy Mooring B. 6-11-1942 D. 2-6-2016

Louise Raglin B. 6-8-1934 D. 2-9-2016

Mary Redmon B. 3-19-1950 D. 1-5-2016

Margaret Rudd B. 5-15-1949 D. 1-21-2016

Anna Smith B. 3-15-1923 D. 1-8-2016

George Smith B. 3-23-1938 D. 2-15-2016

Kathryn Wells B.4-19-1933 D. 2-20-2016



Congratulations to Bernadette Lang who is our manager of the month! She has been our RN Wound Care manager for one year.

Our Family By Marian New

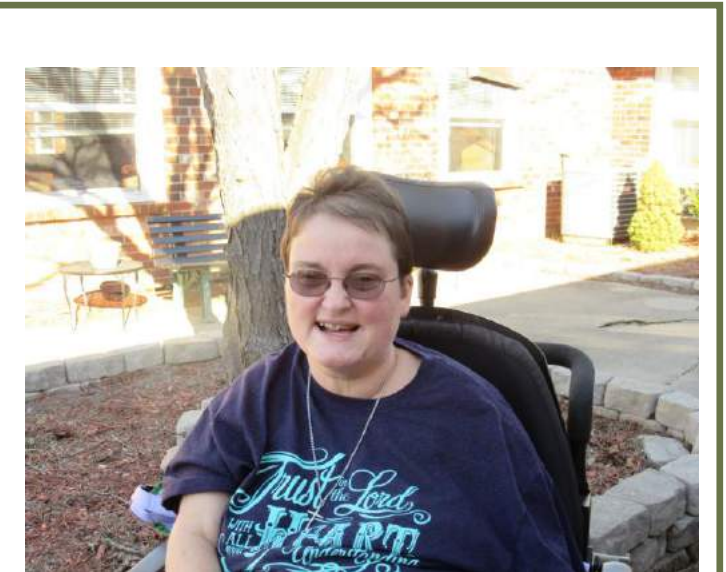
This month we are introducing a resident who truly needs no introduction. Tammy Mosely is sweetness personified, not only a good friend to all, she is a volunteer pastor, a responsibility she takes very seriously. Tammy not only helps with church services; she can be seen daily praying with all in need of God's help.

Tammy was born June 12, 1968 with cerebral palsy. However she does not let it slow her down. She visits our residents in her special power chair.

Tammy is also an active member of the Resident Council. She is very knowledgeable about Bluegrass Care and Rehabilitation Center. If a resident or family member needs to express a concern or thank an employee for kindness shown, Tammy can direct you to the person best qualified to address the issue.

Through Tammy's fighting spirit and faith in God, she has endeavored to persevere. As a child, she ran for queen of her school. She lost. She was so devastated that her parents told her not to run again. However one defeat did not slow Tammy down. The next year, she ran again. This time she won. She returned home shouting, I WON! I WON! Her mother did not believe her. But the school confirmed that she had won. Another example of Tammy's accomplishments was holding the title of National Easter Seals Child in 1970.

Tammy is a very intelligent lady. We at Bluegrass tend to think of her as a youngster. Her youthful appearance contradicts the "lady" beneath.



Tammy Mosely

Tammy is involved in all aspects of life here. She enjoys bingo, book club, choir and "Painting With Purpose." When the bingo store opens, she rushes in buying puzzle books, coloring books, crayons and colored pencils. Then she will go on to the clothing and other things. Tammy gives the majority of these items to residents in our facility. Tammy's generosity knows no bounds. She will gladly run errands for residents who are unable to leave their rooms.

Tammy truly has the "right stuff." If the world contained more Tammy Moselys we would be at peace. We hope Tammy will continue to bless us with her presence for many more years.

About the Author: Marian New lived at Bluegrass but is now home after being in rehab. She is a past teacher of English at EKU and National College. She is originally from Majestic, KY in Pike County. Her great idea to begin this column in our newsletter is appreciated and will continue.