

Bluegrass Care and
Rehabilitation
3576 Pimlico Parkway
Lexington, KY 40517

Postage
Information

MAY 2016

Bluegrass News

Bluegrass Care & Rehabilitation * 3576 Pimlico Parkway * 859-272-0608

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Special Days

May Day
May 1

Cinco de Mayo
May 5

National Day of Prayer
May 5

Mother's Day
May 8

**Armed Forces Day
(U.S.)**
May 21

Memorial Day (U.S.)
May 30

National Nursing Home Week
May 6-13



Blessing of Hands

Our ministry team at Bluegrass is actively involved with our community by leading evening prayer services and offering encouragement and individual prayer to residents, staff and family members.

When new staff members are in orientation at Bluegrass our ministry team welcomes the new staff members with a blessing of hands service.

Jay Burks, Rick O'Donnell, Doris Young and Tammy Mosely are the residents who offer their gifts as members of our ministry team.

Our ministry team is a blessing to us!



Mark Orlov 5/18

Theresa Jacobs 5/11

Leslie Crigger 5/7

John Klapheke 5/5

Gary Smyth 5/21

Virginia Ratcliff 5/18

Theresa Egbert 5/27

Wendy Stegman 5/31

Edward Spears 5/29

Bluegrass Care and Rehabilitation Administrative Staff

Administrator...Joni Gosser
Director of Nursing...Lindsey Kidd
South Unit Manager... Sandy Kennedy
North Unit Manager...Lisa Kelley
Weekend Supervisor... Misty Dyer
Staff Development... Edwina Crouch
Human Resource Director...Lesley Crossfield
Admissions... Maxine Speaks
Dietary Director... Cindi Burton
Plant Ops Director... Kevin Isom
Quality of Life Director...Autumn Mitchuson
Social Service Director... Jasmine Wadkins
Business Office Director... Felicia Zabriskie
Environmental Services....Duane Hathway
Therapy Director...Lauren Cosentino
Chaplain... Donna Rougeux

Red Hat Society Luncheon



National Nursing Home Week

May 6-13



- May 6 Super Hero Day
- May 7 Kentucky Derby Day
- May 8 Disney Springs into Mother's Day Tea
- May 9 Around the World Day
- May 10 Be Our Guest Family Day
- May 11 Disney Day
- May 12 Magic Kingdom Day with strolling magician
- May 13 Disney All Star Day and cookout

In Loving Memory



We will have a memorial service in June to celebrate the lives of these special people.

Paul Leavell B. 1-30-1954 D. 4-9-2016

Flora Griffin B. 8-21- 1921 D. 4-28-2016

Lucy Edna Caise B. 11-28-1921 D. 5-2-2016

Ashton Markland B. 1-3-1987 D. 4-26-2016

Ashton was a nurse who worked in our facility. She was a loving caregiver.

Spring Cleaning



Spring is upon us and as tradition would have, it's time for our annual spring cleaning. This doesn't mean step aside and let our housekeepers get to work. That's done daily. To the contrary, consider the following. Over time we have tendencies to collect linen, clothes, gadgets, condiments and other items that may not mean as much to us now as they did when we first got our hands on them. These items have now, in some instances, become to clutter limited space. This can be overbearing to our surroundings/environment. Maybe they're even posing a safety hazard to yourself, loved ones or the staff that cares for you or your family? Take a moment and think about it? I have been saving parts that I replaced at my home since last year and little did I notice the trip hazard they were creating in my garage. That's until my son tripped on one. Immediately, I removed and trashed the items, thinking "why in the heck was I keeping these?". I shouldn't have waited until someone got hurt! Why should you? Do you or someone you care for have items such as those mentioned above or anything that might keep your from enjoying a clutter free and safe environment? If so, let's go ahead and start the spring cleaning process. Residents, family and staff are encouraged to participate. If you need additional help please do not hesitate to get in touch with me, Duane Hathaway JR, Director of Environmental Services here at Bluegrass Care and Rehab. "Spring cleaning, yields a safer environment" Author: Duane Hathaway JR



Jasmine Wadkins Social Services

Welcome Jasmine!

We welcome Jasmine Wadkins to our team as our new Director of Social Services. She has an MSSW from the University of Louisville. She comes to us with ten years of experience of working in Social Services and has worked at every level of care.

Jasmine requests that families call to schedule a meeting when they receive letters about updating care plans. She says that meetings can take place in person or on the phone.

New Inventory Lists



We have an inventory lists on the closet door for each resident. This is for new items that come into our residents' rooms.

We encourage our families to update this list as needed.